

Marc Burkhart's Special Riders Fall 2024

Sponsored by:



WHAT: Therapeutic Horseback Riding Program

WHO: Physically Disabled persons age five and over whom are Muskingum County

Residents

WHERE: Muskingum County Fairgrounds

WHEN: 5 Weeks – August 19, 26, September 9, 16, 23 (rain date September 30)

SESSIONS: Limit **FOUR** riders per session (first come, first serve basis, others will be placed

on a waiting list)

6:00 p.m. – 6:40 p.m. 6:40p.m. – 7:20p.m. 7:20 p.m. – 8:00p.m.

COST: Free (courtesy of the Kiwanis Club of Zanesville)

For More Information contact:

The Carr Center
Staci Allen
Becky Weir
1035 Beverly Ave.
Zanesville, Ohio 43701
(740) 453-5417
www.carrcenter.org
stacia@carrcenter.org

The Carr Center Special Riders Program – Horseback Riding Registration Form

A rider cannot be accepted for riding until the form has been completed.

Name	DOB	AGE	
ADDRESS	CITY	ZIP	
PHONE	EMAIL		
DIAGNOIS	BACK RIDER REQUIRED? Y/N		
HEIGHTWEIGHT	_		
INFORMATION WE SHOULD KNOW ABOUT THE impairments)			
PARENT/LEGAL GUARDIAN			
PERSON TO CONTACT IN CASE OF AN EMERGEN	ICY		
NAME	PHONE		
RELATTIONSHIP TO RIDER			
PHYSICIAN'S NAME	PHONE		
Please choose 1 st , 2 nd and 3 rd choice. The session	ons will be filled on a first com	ne, first serve basis	
1 st session 6:00 – 6:40			
2 nd session 6:40 – 7:20			
3 rd session 7:20 – 8:00			
If under age 21, this form must be signed by a F must complete and sign this form if he/she is le made to avoid an accident; NO LIABILITY can be Carr Center and Muskingum County Fairground Muskingum County Fairgrounds.	egally competent to do so. Ric e accepted by an organization	ding instructions will be ns involved including The	
Signature of Parent/Guardian or Rider if over 2	 1 and competent Dat	e	

Consent to use still and Video Images and	Testimonials		
I	give my permission	n for still and video images of me	
(Parent/Guardian)			
	child to be used for the purposes of education, marketing		
and other promotional purposes by The Car	rr Center and it's agents.	. I further give my consent for my	
testimonial to be used in whole or in part.			
Signature of Parent/Guardian or rider if over	er 21 and competent	Date	
Emergency Transportation Authorization -	Complete either Part I	or Part II. Do not complete both	
PART I – PERMISSION TO TRANSPORT RIDE	ER		
I give The Carr Center my permission to train	nsport		
		(Name)	
tofor	r emergency medical car	re or to	
(Hospital of choice)		(Dentist)	
for emergency dental care, or to the neares	st available source of ass	iistance.	
Signature of Parent/Guardian or rider if over	er 21 and competent	Date	
PART II – REFUSAL TO GRANT PERMISSION	I		
I do not give permission to The Carr Center	to transport	for emergency	
		(Name)	
medical or dental care. In the event of an il	llness or injury which red	quires emergency medical or dental	
treatment. I wish The Carr Center to take t	he following action:		
Signature of Parent /Guardian or rider if ov	er 21 and competent	Date	
PARTICIPANT MEDICAL STATEMENT (pleas		- •	
I have evaluated this individual and feel the Horseback Riding program	ey are appropriate for the	e Carr Center Special Riders	
Physician Signature		 Date	

THE CARR CENTER HORSEBACK RIDING PROGRAM

Formal horseback riding programs for the disabled have been organized since 1953 in England and since 1969 in the United States with the establishment of the North American Riding for the Handicapped Association, Inc.

The "Special Riders" program is organized under the auspices of The Carr Center, Inc.

Riding is an excellent form of therapeutic recreation. Riding helps to develop self-awareness, self-confidence and self-discipline. It also strengthens and relaxes muscles, improves posture, balance and coordination, while increasing joint mobility.

The Carr Center is the coordinator of the local horseback riding prop-am. Persons who participate need to obtain a medical referral from their physician indicating diagnosis, medications, precautions and associated disorders. Persons with dislocated hips or paralysis above the level of T-5 of the spinal cords are not recommended to ride horses for safety reasons.

Horseback riding sessions run for six consecutive weeks. Sessions are conducted by the coordinator aided by three volunteers for each rider and horse. Adaptive equipment is utilized when necessary and all riders must wear protective headgear (provided by The Carr Center). Leg braces are optional during riding sessions. <u>LONG PANTS AND SHOES WHICH SUPPORT THE ANKLES MUST BE WORN BY ALL RIDERS.</u> Shoes with buckles are discouraged.

The benefits a disabled person receives from learning to ride a horse are tremendous. We are extremely proud of our therapeutic riding program as it rewards everyone involved, including riders, volunteers, and staff.

HORSEBACK RIDING PROGRAM

Disabilities Accepted for Riding

The following is a list of the disabilities that are accepted for the horseback riding and that derive benefits in one form or another from this activity.

ORTHOPEDIC CONDITIONS

- 1. Amputees (Various types)
- 2. Scoliosis
- 3. Arthritis (Osteo and rheumatoid)

NEUROLOGICAL CONDITIONS

- 1. Polio Myelitis (Varying involvement)
- 2. Spinal Bifida
- 3. Multiple (Disseminated) Sclerosis
- 4. Cerebral Palsy (Various types)
- 5. Traumatic Paraplegia (Spinal cord injuries)
- 6. Cerebral Vascular Accidents (Strokes)
- 7. Spinal Meningitis
- 8. Traumatic Brain Damage

OTHER CLASSIFICATIONS

- I. Muscular Dystrophy
- 2. Autism
- 3. Blindness
- 4. Hearing and Speech Impairments
- 5. Mental Retardation
- 6. Epilepsy

RULES FOR HORSEBACK RIDING SESSIONS

- 1. Protective headgear and safety equipment (provided by The Can Center) must be worn by all riders.
- 2. Long pants/jeans must be worn by all riders.
- 3. Shoes or boots which support the ankle must be worn by all riders. Sneakers or shoes with buckles are discouraged.
- 4. No one is allowed in the arena except instructors, riders and volunteers, while sessions are in progress.
- 5. All visitors and spectators are asked to remain reasonable quite during the entire riding session.
- 6. All participants and spectators must stay out of restricted areas.
- 7. If a rider or volunteer is unable to attend a riding session, Please call Staci or Becky Weir at The Carr Center 453-5417 before noon on the day of the session
- 8. All forms must be in proper order before a rider can begin riding sessions.
- 9. Rider must be at least five years of age.
- 10. All fees must be paid in advanced. Please make checks payable to The Carr Center.

THE CARR CENTER SPECIAL RIDERS EMERGENCY PLAIN

The Carr Center will make every effort to assure the safety of all volunteers and participants during the Special Riders Program. However, due to the nature of the program, some risks of injury are possible. In the event of an emergency, the following plan will be observed during the program.

- 1. Participants and volunteers "emergency" information will be in box on the card table during each session of the program.
- 2. The first aid kit will be in box on the table.
- 3. A cellular phone will be available for emergency use with the following telephone numbers available.
 - A. Zanesville Police/Fire Dept. and Emergency Squad 911

B. Poison Control Center

1-800-222-1222

C. Muskingum County Children Services

455-6710

- 4. In the event a participant need to be transported by emergency squad, appropriate medical information will accompany the participant and in the absence of a parent or legal guardian, a volunteer or staff member will also accompany the participant to the hospital. Efforts to contact the parent/guardian will be mad as soon as possible.
- 5. Volunteers will be advised of process and area to dismount participants during an emergency. Participants will be appropriately supervised horses properly handled.

THE CARR CENTER MEDICAL AND DENTAL EMERGENCY

- 1. The Center's Medical and Dental Emergency Plan shall be posted on the arena fence next to the card table.
- 2. In the event of an accident, injury, of illness efforts will be made to contact the parent or guardian.
- 3. This Center's Plan will include:
 - A. The location of the rider's medical and other required records. If it is necessary to transport the rider to the source of emergency assistance the rider's records shall be transported with participant
 - B. The location of volunteer's emergency information.
 - C. The location of first aid box.
 - D. The emergency telephone numbers.
 - E. General instructions to the volunteers in case of an emergency, including supervision of riders during the emergency.
 - F. General instructions to the volunteers in case of illness or dental emergency.
- 4. The Center shall obtain written, emergency transportation authorization from the parent/guardian before or on the first day of attendance for each rider.
- 5. When an instructor or volunteer accompanies a rider to a source of emergency care, that person shall remain with the rider until the rider's parent/guardian assumes responsibility for his/her care.